

Family Nutrition



Feast for 10

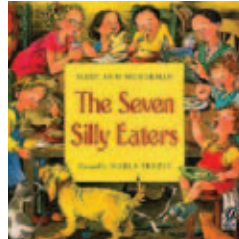
By **Cathryn Falwell**

Clarion Books

ISBN 9780618382262

Board Book, \$4.95

A family prepares and eats a meal together—counting all the way. Created by a Maine author/illustrator. Ages 1-5.



The Seven Silly Eaters

By **Mary Ann Hoberman & Illustrated by Marla Frazee**

Houghton Mifflin Harcourt

ISBN 9780152024406

Paperback, \$7.00

Mrs. Peters struggles to find something that her seven choosy children will eat. Her family offers a solution, and a birthday surprise! Ages 6-7.



Growing Vegetable Soup

By **Lois Ehlert**

Houghton Mifflin Harcourt

ISBN 9780152061760

Board Book, \$10.95

Creating a delicious repast from the ground up—literally. Vivid and appealing illustrations of gardening and cooking together as a family. Ages 2-4.



Soup Day

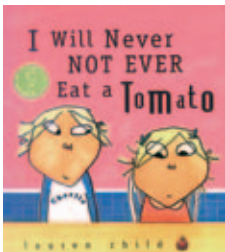
By **Melissa Iwai**

Henry Holt & Co.

ISBN 9780805090048

Hardcover, \$12.99

A mother and child spend a snowy day together buying and preparing vegetables and playing while their big pot of soup bubbles. Ages 4-7.



I Will Never, Not Ever Eat a Tomato

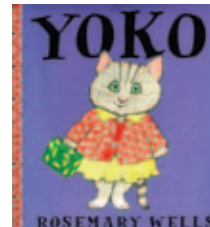
By **Lauren Child**

Candlewick Press

ISBN 9780763621803

Paperback, \$6.99

Charlie's little sister Lola is a very fussy eater. By imaginatively renaming their foods, though, Charlie gets her to try new things. Ages 4-7.



Yoko

By **Rosemary Wells**

Disney Press

ISBN 9781423119838

Paperback, \$6.99

When Yoko brings sushi to school for lunch, her classmates make fun of what she eats—until one of them tries it for himself. Ages 4-6.